

## MISFIT FILM TEACHING PHILOSOPHY

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### VULNERABILITY & AUTHENTICITY IN SCREENWRITING

*Embracing vulnerability in a screenwriting class and in one's own writing process can empower a screenwriter to show up more authentically in their written work.*

*This leads to powerfully written scripts and opens the door to a sustainable writing process as well as more joy in one's filmmaking career and life. This is the philosophy of Misfit Film School.*

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I understand that embracing vulnerability is not always fun or easy, but that Linda embraces it in her teaching style because of how it leads to empowerment, joy, and healing for writers.

I understand that embracing vulnerability can be uncomfortable. I also understand that embracing vulnerability is a key part of Linda's teaching philosophy because she believes it is the most powerful and effective way to empower a writer, help them improve the quality of their writing, and teach them how to cultivate a joy-centric and sustainable writing process.

I understand that researcher and storyteller Brené Brown describes vulnerability as "uncertainty, risk, and emotional exposure" and that Linda's teaching philosophy is heavily influenced by Brené Brown's work (which is exemplified in this TED talk called "[The Power of Vulnerability](#)").

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*"You don't get authenticity in your writing without vulnerability."*

- one of Linda's former screenwriting students

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I understand that prompts and assignments Linda may give me or other students include:

- Write a "bad draft" of a scene (in order to combat perfectionism)
- Write a "fast/sloppy" draft (in order to help get past writer's block)
- Write a "boring scene" (in order to remove pressure put on a first draft)

I understand that, to get the most out of this class, it's recommended that I be open to:

- Trying new things like writing prompts (meant to help me overcome writing related fears).
- Writing from a personally connected place in my weekly pages (that I will share with my workshop group).
- Speaking up in workshop group and contributing from a personally connected place.

By signing, I acknowledge that I understand all of the above: \_\_\_\_\_ DATE \_\_\_\_\_